How To Manually Clean Out The Temp Folder In Windows 7

1. Click on **Start**, type the following command in the search box, and then hit the **Enter** key.

   `%temp%`

   This command will open the folder that Windows 7 has designated as the *Temporary* folder. These are folders and files that Windows needed at one time but are no longer useful. Everything in this folder is safe to delete.

2. Click on the **Organize** button and then choose **Select All** from the menu.

   Note: If you're prompted that there are hidden files in this folder, just click on **OK** to bypass the message. A few hidden files hanging out in the *Temp* folder probably aren't important enough to worry about.

3. Again, to delete these items, hit your **Delete** key or click the **Organize** button on the toolbar menu, followed by the **Delete** option.

   You will probably be prompted again to confirm that you wish to *Delete Multiple Items*. Click on **Yes** to confirm.

4. After all of the files have been deleted you can close the folder window and empty your Recycle Bin, permanently removing the files from your PC.

Note:

1. You may receive an *Error Deleting File or Folder* message while the files are being deleted. This just means that one of the files is in use by a program right now. Click **OK**, close all open programs, and repeat the steps above. If you still receive the message, try restarting your PC and repeating the process again.